Report to: Corporate Parenting Panel

Date: 25 July 2023

By: Director of Children's Services

Title of report: CiCC Children in Care Council (CiCC) presentation and Bright Spots

survey - Health and Well-being verbal update

Purpose To update the Corporate Parenting Panel on Children in Care's

of report: experience of health and well-being services

RECOMMENDATION:

The Corporate Parenting Panel is recommended to note the contents of the update

1 Background

- 1.1 The Your Life, Your Care survey of the views of looked after children and young people aged 4-18 in East Sussex took place in July 2022. Part of the Bright Spots Programme, this collaboration between Coram Voice and Oxford University supports Local Authorities to understand the subjective well-being of children in care and care leavers.
- 1.2 The section of the survey which considers 'Support with Worries' identifies that studies of looked after populations show that children's level of difficulties are higher than those of their peers. This trend is also evident in East Sussex, with between 10% and 17% (by age) of those who responded reporting that they 'feel worried all or most of the time'. Children also reported positive support, with between 80% and 94% (by age) of children who reported feeling worried also reporting that they were getting help.

2 Supporting information

2.1 Children in Care and Care Leavers will provide a verbal account of their experience of their health and well-being journey.

3 Recommendation

3.1 The Corporate Parenting Panel is recommended to note the contents of the update.

ALISON JEFFERY Director of Children's Services

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LOCAL MEMBERS

All

BACKGROUND DOCUMENTS

None